



Facilities Management Solutions

LIGATURE RISK ASSESSMENT

A safe environment starts with proactive solutions.

Every 12 minutes someone in the United States takes his or her own life, and 75% of patients in a psychiatric hospital will attempt suicide by hanging or strangulation. This risk is even greater in a room where patients spend time in private without any supervision and if nursing staff cannot easily observe all areas of the unit because of poor design or staffing issues. It's not enough to simply recognize ligature risks in healthcare facilities—creating a safe environment for all requires performing an assessment, establishing a plan, and following through.

With the Centers for Medicare and Medicaid Services (CMS) added emphasis on the assessment of ligature, suicide and self-harm observation in psychiatric hospitals and inpatient psychiatric patient areas in general hospitals. The Ligature Risk Assessment is an excellent opportunity for organizations to gain better knowledge of their current state for accreditation surveyors, but it really is so much more since people's lives are at risk.

Facility Management Solutions (FMS) is an essential partner in ensuring that maintenance teams and facilities are functioning at optimum levels and regulatory compliance risks are minimized. FMS will place an experienced consultant with regulatory and accreditation expertise, adept survey skills, deep healthcare experience, and the ability to help organizations make self-directed,

continuous progress towards their goals long after the engagement is completed. FMS can partner with you to help reduce risks and findings that will ultimately save lives.

As your Ligature Risk Assessment partner, we will:

- Complete the ligature risk assessment
- Identify ligature points and hazards within the acute care and behavioral health settings
- Risk out all identified hazards for priority mitigation
- Provide supporting documentation for the facilities from CMS on all requirements

A unique approach to healthcare facilities operations.

Facilities Management Solutions (FMS) has direct healthcare facilities management experience and over 100 years' combined experience applied across more than 180 hospitals. We are an essential partner in ensuring that maintenance teams and facilities are functioning at optimum levels and regulatory compliance risks are minimized.

MANAGEMENT SERVICES

- Director/Consultant of Facilities Management Placement
- Integrated Facilities Program
- Regulatory Compliance
 - Mock Survey
 - Safety Officer Readiness Training
 - Ligature Risk Assessment
 - Life Safety Assessment
 - Life Safety Plan Drawing Design & Updates
- Emergency Management
- Construction Project Management

ASSESSMENT SERVICES

- Energy Management
- Facilities Spend & Opportunities Assessment (FSOA)
- Facilities Infrastructure & Condition Assessment (FICA)

WHO WE SERVE

- Acute, Rehabilitation, Behavioral and Specialty Hospitals
- Outpatient Care Facilities
- Long-term Acute Care Facilities

What does Ligature Risk Assessment Include?

- Assessment of the facility departments
- Assessment of facility policies and departmental behavioral health policies
- Interviews with department managers, safety officers, quality managers, patient safety officers/sitters for the behavioral health patient, departmental supervisors, and facility managers
- Applying all identified areas report that is provided for the facility. This report is a fluid
- Each finding of the risk assessment are quantified by a priority matrix

Ligature Risk Assessment Report: A comprehensive report will be provided to the facility with findings including pictures, mitigation efforts and forward-thinking processes for success. This report identifies all hazards as seen by the surveyor and all concerns within policies and checklists; identified number system prioritizing hazards allow the facility to act on the high or dangerous identified ligature hazards.

The most common method of suicide attempts and completions on inpatient mental health units is hanging (44% of all attempted suicides).

